

Sonntag 19. Juli 2026

Zeit	M 35	M 40	M 45	M 50	M 55	M 60	M 65	M 70	M 75	M 80	M 85/90	Zeit	W 35	W 40	W 45	W 50	W 55	W 60	W 65	W 70	W 75	W 80	W 85/90	Zeit		
09:45												09:45							Diskus	Diskus	Speer				09:45	
09:45	110 m H	110 m H	110 m H									09:45							Weit	Weit					09:45	
10:00				100 m H	100 m H							10:00	Hoch 1	Hoch 1											10:00	
10:10							Kugel					10:10	Hammer	Hammer	Hammer										10:10	
10:10												10:10	100 m H												10:10	
10:20						100 m H	100 m H					10:20													10:20	
10:35	Stab	Stab	Stab									10:35		80 m H	80 m H										10:35	
10:40												10:40													10:40	
10:50												10:50				80 m H	80 m H								10:50	
11:00								80 m H	80 m H			11:00													11:00	
11:10						Weit	Weit					11:10							80 m H	80 m H		Speer	Speer	Speer	11:10	
11:20										80 m H	80 m H	11:20								80 m H	80 m H	80 m H	80 m H	11:20		
11:30				Diskus	Diskus							11:30													11:30	
11:40	200 m						Kugel					11:40													11:40	
11:50		200 m										11:50													11:50	
12:00												12:00	200 m												12:00	
12:10								Hoch 1	Hoch 1			12:10		200 m											12:10	
12:20			200 m									12:20				Hammer	Hammer								12:20	
12:30				200 m								12:30													12:30	
12:40												12:40			200 m	Weit	Weit		Speer	Speer					12:40	
12:50												12:50				200 m									12:50	
13:00					200 m							13:00													13:00	
13:10						200 m						13:10													13:10	
13:20	Diskus	Diskus	Diskus									13:20						200 m							13:20	
13:30				Stab	Stab							13:30							200 m						13:30	
13:40				Kugel				200 m				13:40													13:40	
13:50								200 m				13:50													13:50	
14:00												14:00	Speer	Speer						200 m					14:00	
14:10				Weit	Weit				200 m	200 m	200 m	14:10										200 m			14:10	
14:20												14:20											200 m	200 m	200 m	14:20
14:30	Hoch 1	Hoch 1										14:30													14:30	
14:40	400 m											14:40							Hammer	Hammer					14:40	
14:50		400 m										14:50													14:50	
15:00												15:00	400 m												15:00	
15:10												15:10		400 m											15:10	
15:20			400 m		Kugel	Diskus	Diskus					15:20					Speer								15:20	
15:30			400 m									15:30			Weit	Weit									15:30	
15:40												15:40				400 m									15:40	
15:50												15:50					400 m								15:50	
16:00					400 m							16:00													16:00	
16:10						400 m						16:10													16:10	
16:20												16:20						400 m							16:20	
16:30												16:30							400 m						16:30	
16:40		Weit	Weit					400 m				16:40					Speer	Speer							16:40	
16:50									400 m			16:50													16:50	
17:00												17:00								400 m					17:00	
17:10												17:10										400 m			17:10	
17:20									400 m	400 m	400 m	17:20													17:20	
17:30												17:30										400 m	400 m	400 m	17:30	

Stand: 16.04.2026